



Parental Opt-Out Notice

This document is for parents to exercise their right to opt their student out of specific school activities, curricula, or materials on the basis of religious conviction. This form is intended to

be used in conjunction with the legal principles affirmed in **Mahmoud v. Taylor**, 606 U.S. ____ (2025), and is grounded in the First Amendment's Free Exercise Clause, which protects parents' fundamental right to direct the religious upbringing and education of their children.

This form includes items from the provided "Parental OPT-OUT NOTICE 4.0.pdf" and expands upon them to reflect the broader implications of **Mahmoud v. Taylor**.

Instructions for Parents

- Fill out two copies for each student.
 - Check the boxes for all items from which you wish to opt your student out.
 - Complete the "Parent's Specific Religious Objections" section with detailed information about any objectionable material and provide examples.
 - Keep one copy for your records and submit the other to the school.
 - Request that a school staff member sign and date both copies.
 - Ask that the completed form be placed in your student's official file.
 - Retain any and all correspondence with school staff regarding this opt-out form.
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Parental Opt-Out Form for Religious Objections

I, _____ (Parent/Legal Guardian Printed Name), hereby exercise my rights as the parent/legal guardian to opt out my student, _____ (Student's Printed Name), enrolled at _____ (School Name), from the following curricula, educational aids, and activities due to sincere religious objections.

I understand that my child may be provided with an alternative assignment or activity during the time of the opted-out instruction, and will be responsible for ensuring its completion.

I expect that my student will not incur any excessive work nor will my student incur any penalties or reprimands because of this Opt-Out.

Sex Education & Reproductive Health

- ☐ Any and all classes, instruction, lessons, or teaching recommended by the Sex Education Advisory Board (SEAB) or approved by the district board of education.
- ☐ Other sex education not approved by the district board of education or not in compliance with the SEAB.
- ☐ Instruction or discussion on family planning drugs or devices, including but not limited to oral contraceptives, Plan B, condoms, IUDs, and abortion.
- ☐ References to abortion clinics or apps that help find an abortion clinic or guide through self-managed abortion.
- ☐ Instruction on human sexuality, gender ideology, or the physiological, psychological, and endocrinological functions of reproductive health.

Gender & Sexual Identity

- ☐ Teaching, images, diagrams, or discussion related to the Genderbread Person, Gender Unicorn, or any other tool that describes more than the two genders of biological male and biological female.



- ☐ Forced use of pronouns not associated with the biological sex of a person as listed in enrollment documents. This includes compelling my student's reading, speech or writing to align with a gender identity that varies from biological sex.
- ☐ Teaching, lessons, or discussions on gender identity, gender expression, sexual identities, sexual orientation, gender fluidity, or transitioning.
- ☐ Teaching or discussions about transsexual healthcare, including hormone blockers, enhancers, and gender modification surgeries.
- ☐ Teachers, staff, or administrators displaying or distributing sexuality/gender paraphernalia, such as LGBTQ+ flags or gay pride stickers.
- ☐ Exposure to books or other reading material with storylines about children transitioning, questioning their gender, or participating in explicit sexual activity.
- ☐ Explanations about, given access to, or invitations to, a gender affirmation closet.
- ☐ Teaching or discussion encouraging students to participate in, accept, or understand cross-dressing or transsexual behavior.
- ☐ Use of or instruction on gender-neutral bathrooms or locker rooms where persons of the opposite physical sex are permitted.
- ☐ Reading assignments or access to books containing any sexuality or family planning themes listed in this document.
- ☐ All surveys, polls, or questionnaires that contain questions about any of the subjects listed in this document or aspects of the student's family life.
- ☐ School-wide activities that teach, discuss, or promote concepts about gender or sexual identities, gender or sexual expression, or other gender concepts such as LGBTQ+ Pride Week or Transsexual Week.
- ☐ School-provided or referred counseling relating to reproductive health, including gender transitioning.

Forced Integration of Private Spaces and Sports

I/we have firmly held religious belief that forced exposure to the opposite sex in private spaces is wrong and potentially damaging to my child and is wrong.

☐ Forced exposure with a person of the opposite sex in private spaces including bathrooms, lockerrooms, dressing rooms or any areas designated private based on sex or with the reasonable expectation of vulnerable situations due to full or partial disrobing.

I/we have a firmly held religious belief that forced integration with members of the opposite sex, claiming to be other than their biological sex in order to participate in sports or activities forces my child to participate in a delusion and is wrong.

☐ Forced integration with a person of the opposite sex in sports or clubs designated by sex. Example: girls volleyball.

☐ Forced integration with a person of the opposite sex in sports or activities where physiological differentiation due to biological sex creates an unfair advantage. Example: swimming.

I/we have firmly held religious belief that forced integration with members of the opposite sex in sports or activities that require or have a high likelihood of physical contact with the person of the other sex's genitalia is wrong.

☐ Forced integration with a person of the opposite sex in sports or activities that require high physical contact, where intentional or unintentional contact with the other person's genitalia. Example: wrestling.

Other Religiously Objectionable Curricula or Activities (as informed by Mahmoud v. Taylor)

Any instruction or materials that promote or are hostile toward my religious viewpoint.

☐ Science: Instruction on biological evolution or geological timelines that are presented as fact and are in direct conflict with religious creation accounts.

☐ History/Social Studies: Lessons that promote or celebrate lifestyles or behaviors that are contrary to our family's religious tenets. [See Below]

☐ Literature: Reading assignments or library books that contain themes or characters that undermine or are hostile to our family's religious beliefs. [See Below]



☐ Social-Emotional Learning (SEL): SEL sessions that introduce gender and non-binary genders as protected classes of people or other concepts that conflict with our religious convictions.



Parent's Specific Religious Objections

Please use this section to provide details about specific materials, topics, or examples that are objectionable based on your sincerely held religious beliefs. This will assist the school in accommodating your request.